

June newsletter

Facts about June

June – named after the roman goddess Juno, the goddess of marriage and the wife of the supreme deity Jupiter!

June has the longest day of sunlight, which is referred to as the Summer Equinox or Midsummers day. The UK's biggest summer solstice celebrations happen every year at Stonehenge. Stonehenge is an ancient prehistoric site which may have been a place of worship and celebration at the time of Summer Solstice for thousands of years. The giant stones are believed to have stood in the same spot since 3,000 to 2,000 BC, and are positioned to align with the sunrise on the two annual solstices.



Mike has mailchimp details – log in etc
Articles

Mature Mondays – Mike writing this.

The Mature Monday's

In February of this year we started a new project called The Mature Monday's. We invited any one over the age of 55 who wished to play music to a session on every second Monday of the month and in March we started to form a band now known as The Mature Monday's which comprises of 7 gentlemen of Mature Years playing Rock 'n' Roll music. The band is Brian Lovell Drums, Peter Greenhouse Bass, Geoff Naylor Guitar, Mick Rock's Guitar, Pat Raynbird Harmonica and Martin King Vocal, the project facilitator Mike stands in on percussion and helps arrange and produce the band. So far the band has recorded 2 tracks and put them on You Tube and The SWADS social media pages, the two tracks were a cover of The Travelling Wilbury's " End of The Line and a cover of the old Nancy Sinatra classic " These Boots are made for Walking" both well worth checking out on the SWADS you tube channel.

They have also played at The SWADS AGM on 13th June this year and we are planning to have other gigs in the future.

In the future SWADS has plans to form another band so watch out in the newsletters for future opportunities.

Faringdon Road Children's fete 8th July

SWADS has kindly been invited to have a stand at this fete. The beauty of the children's fete is that an early start is not required as it opens to the public from 12-8pm.

To enable us to have this stand we will need volunteers available to support us. Please let Barbara know ASAP if you are happy to volunteer.

Also, we will have some of Liz's fabulous handmade cards and Ian's wonderful meditation CD's available at the fete alongside our SWADS information stand and children's activities table.

Car Boot



SWADS went out into the community and were supported by Blunsdon Indoor Market to hold a charity sale to raise funds. We had a wonderful couple of days and with the great support from Lee, Liz, Ian, Giuseppe and Barb. we raised £106!

Lin Time4us smarties challenge



Lin from our Time4us group threw down a challenge to receive a tube of smarties and refill the tube with 20 pence pieces when people get them in their change. When the tube is full it is then given in to be counted. This way the charity benefitted and the recipient got the benefit of eating the smarties! Lin has had the first few tubes back and was delighted to hand in £100! Many thanks to Lin and all the people who have taken part.

AGM

SWADS AGM

An Annual General Meeting is not usually high on anyone's list of priorities. It's usually akin to watching grass grow or paint dry. However, at SWADS we like to do things differently. This was a chance for us to share in the many successes of SWADS over the last 12 months with input from the trustees, the staff and service users and talk about the exciting plans for the future of the organisation.

After financial reports, election of officers there followed input from service users. We heard moving accounts of their involvement with SWADS and this emphasised the value of the work done by the team. It's what we're here for and what we do.

So, next year if you're interested in SWADS, as a service user, a carer, a volunteer, or a member of the public please attend. You'll be guaranteed to be moved by what you hear of the work done by SWADS and you will be able to take part in the evolution of this fantastic service.

Rich Courses – Poster of workshops/DJ

Railway Village-

Just at the end of our road is the Railway Village which has an awful lot going on that you can get involved in! Why not go along to their lunch club or coffee morning and find out more?

First Tuesday of the month **Lunch Club** 12pm – 2pm at the Central Community Centre - £3:50 only.



Thursday 10.30pm – 12 noon **Coffee Morning** – Central Community Centre



Rusty Goat –

A beautiful thing

As I sit here in these beautiful gardens,
I hear the chirps and tweets of birdsong as they dart and dive across the blue sky.
Oh, such a beautiful thing to have my senses, that allow me to hear the birds sing.

As I sit here in these beautiful gardens, I see trees so green, I see the flowers with all their
vivid colours and their soft sweet scent.
Oh, such a beautiful thing to have my senses, that allow me to see and smell such wonderful
things.

As I walk around these beautiful gardens, on this lush green grass, speckled with crisp white
and yellow of the daisies, with the sun warming my skin.
Oh, such a beautiful thing to have my senses, that allow the ability to enjoy these simple
things.

As I sit here,
In this beautiful garden,
Today,
I am thankful.

Much love,

Goat xx

(250517)

Barbs bit on the side

Since carpal tunnel surgery 2 weeks ago I have started to take the bus to work. I never appreciated the bus before. I started to notice things like the fact that they all have different names on them and that there are differences between the older and newer models. This led me to visit Thamesdown Transport website to find out more about the buses.

Did you know that Swindon had a Tram system!? This opened in 1904 in Corporation street and the company was called Swindon Corporation, this didn't change to Thamesdown Transport until 1974, which by chance is the same year that SWADS started out!

The tram system had motorised buses added to it in 1927 and these took over when the last tram ran in 1929.

Picture of the Corporation street depot where it all started and I suspect all of us have passed this on the corner of Manchester Road and Corporation Street without realising its history.



Photo courtesy of Tram Survey – A tram passing 13 Regents Street, Swindon in the 1920's.

This then allowed me to see that there are so many old photographs online of Swindon and the tram system including one of the tram going over the canal just up the road from SWADS. It's worth checking it out.